



ADDENDUM TO INFORMED CONSENT FOR THERAPEUTIC SERVICES FOR TELEHEALTH ABOUT TELETHERAPY

At New Story Behavioral Health, we offer clients the opportunity to utilize telehealth services under certain circumstances. In cases where in-person mental health care is inadvisable or not possible, telehealth is an acceptable alternative to help safeguard the health and well-being of our patients.

In our practice, we conduct teletherapy using Zoom Meetings which permits video conferencing using internet and 3G cellular networks; it is secure, encrypted, and HIPAA-compliant (meaning that it meets the requirements of federal law for privacy). Your confidentiality is extremely important to us. We will be diligent to ensure that no persons can see or hear any parts of your session and will not record your sessions. In order to participate in teletherapy services, you must agree that you will also not record any sessions without written consent from your clinician. While participating in a teletherapy session, we ask that you determine who has access to your computer and electronic information from your location including family members, guests, co-workers, supervisors, and friends. You must also agree to inform your clinician if any persons can hear or see any parts of our session prior to the beginning of the session. We encourage you to communicate through a computer that you know is safe and on a device from which your confidentiality can be ensured. We also recommend that you use headphones or earbuds to ensure that conversations remain private. Please be sure to fully exit all online teletherapy sessions and close your browser at the conclusion of your session.

As is true with in-person therapy, some exceptions to confidentiality do exist. Your clinician is mandated by law to report the abuse of children, the elderly, or dependent/disabled adults. Your clinician is also required to report expressed threats of violence toward yourself or ascertainable victims; and any further disclosures required by state or federal law. Please see Informed Consent for Therapeutic Services for more information about mandated reporting.

You have the right to withhold or withdraw your consent to the use of teletherapy services at any time and for any reason. Your clinician also has the right to withhold or withdraw consent for the use of teletherapy services at any time and for any reason.

If you have questions or concerns about the use of teletherapy in your treatment, please contact your clinician.